

BLAIRE BARNES MORRISS

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Education

Post Masters in Psychiatric Mental Health Nursing

George Washington University
August 2020- Present

Associate Fellowship in Integrative Medicine

The University of Arizona
July 2010- August 2012

Master of Science in Nursing (M.S.N)

Vanderbilt University School of Nursing
Adult Nurse Practitioner with Palliative Care Specialty
August 2007

Bachelor of Arts (B.A.)

University of California at Santa Cruz
January 2003

Licenses

2006- Present Registered Nurse, Tennessee, Active

2007- Present Nurse Practitioner, Tennessee, Active

Certifications

Board Certified Adult Nurse Practitioner, ANP-BC

American Nurses Credentialing Center

National Board Certified- Health and Wellness Coach, NBC-HWC

International Consortium for Health and Wellness Coaches

Ketamine Assisted Psychotherapy (KAP)

The Ketamine Training Institute

Employment

Blaire Morriss Integrative Medicine + Health Coaching

Owner

Health Coaching and Integrative Medicine Consulting, Teaching, Consultations
2017- Present

Vanderbilt Health Coaching Certificate Program Faculty

Osher Center for Integrative Medicine at Vanderbilt

2013-Present

Adult Nurse Practitioner

Clinical Leader of Health Coaching

Instructor in Clinical Nursing, VUSN

Osher Center for Integrative Medicine at Vanderbilt

July 2009-March 2018

Admissions RN

Alive Hospice

August 2008-December 2008

Nurse Practitioner

Public Health RN

Downtown Clinic for the Homeless/ Metro Public Health Department

August 2007- July 2008

Publications

Morriss, B.B. & Pace, J.C. (2008). Sexuality and palliative care. In: P. Esper & K.K. Kuebler (Eds.), Palliative Practices from A-Z for the Bedside Clinician (2nd Ed). Pittsburgh: ONS Publishing Division.

Presentations & Trainings

2020 Morriss, B. & Wolever, R.Q. (2020, May 1-3). Health Coaching Certificate Training. Training for Vanderbilt Health Coaching Certificate program participants. Nashville, TN

Morriss, B. & Wolever, R.Q. (2020, June 15-17). Health Coaching Certificate Training. Training for Vanderbilt Health Coaching Certificate program participants. Nashville, TN

2019 Morriss, B. & Wolever, R.Q. (2019, November 1-3). Health Coaching Certificate Training. Training for Vanderbilt Health Coaching Certificate program participants. Nashville, TN

Morriss, B. (2019, September 29). The Art of Distillation. Invited training for Mangata Council. Nashville, TN.

Morriss, B. & Wolever, R.Q. (2019, August 5). Agenda Setting, Behavioral Agendas & Brief Action Planning In the Clinical Encounter. Invited lecture for Meharry Medical College Medical Students. Nashville, TN

Morriss, B. & Wolever, R.Q. (2019, June 14-16) Health Coaching Certificate Training. Training for Vanderbilt Health Coaching Certificate program participants. Nashville, TN

- 2018** Wolever, R.Q. & Morriss, B. (2018, September 17). Training in Health Coaching Skills. Invited training for Vanderbilt Center for Health Promotion and Disease Management health care providers. Nashville, TN 3

Morriss, B. & Wolever, R.Q. (2018, March 23-25). Health Coaching Certificate Training. Training for Vanderbilt Health Coaching Certificate program participants. Nashville, TN

Morriss, B., Drueseke, M. & Wolever, R.Q. (2018, March 8). Health Coaching Skills for Patient Engagement. Pre-congress workshop for 2018 International Congress on Integrative Medicine and Health. Baltimore, MD.

2017

- Morriss, B. & Wolever, R.Q. (2017, October 5). Health Coaching: Foundational Skills for Clinicians. Invited training for Vanderbilt Episodes of Care health care providers. Nashville, TN.
- Morriss, B (2017, November 9). Introduction to Clinical Aromatherapy. Workshop at Circa Design, Nashville, TN
- Morriss, B (2017, September 7). Stress and Aromatherapy. Invited lecture for Vanderbilt Health Plus to Vanderbilt University Medical Center staff. Nashville, TN

2016

- Morriss, B. (2016, November 11). Mindfulness: Optimize Self-Care and Nursing Practice. Invited lecture to VUSN Adult Nurse Practitioner Students. Nashville, TN
- Morriss, B. & Wolever, R.Q. (2016, July 15). Health Coaching: Foundational Skills for Clinicians. Invited training for Metro Nashville Public School health care providers. Nashville, TN.
- Morriss, B. (2017, July 12). Adding Health Benefit and Flavor to Your Food With Herbs and Spices. Invited lecture for Osher Center for Lifelong Learning. Nashville, TN.
- Wolever, R.Q., Jordan, M., Manning, L., Morriss, B., Goble, K., & Kosey, J., (2016, May). Mindfulness and relational neuroscience: The real foundation for health coaching. Preconference workshop presented at the International Congress for Integrative Medicine and Health, Las Vegas, NV.
- Morriss, B. (2016, April 19). Health Coaching Skills for Clinicians. Invited lecture VUSN Family Nurse Practitioner students. Nashville, TN.

- Morriss, B. (2016, March 4). Introduction to Aromatherapy. Workshop at Well Placed Smile. Nashville, TN.
- Wolever, R.Q. & Morriss, B. (2016, February 24). Facilitating Behavior Change Through Patient-Centered Education & Health Coaching Skills. Invited lecture for Vanderbilt University Medical Students Foundation in Health Care Delivery Course. Nashville, TN.
- Morriss, B. (2016, February 4). Botanical Medicine and Healthy Sleep. Course presentation for Osher Center for Integrative Medicine patients. Nashville, TN.
- Morriss, B. (2016, January 17). Healthy Sleep: An Integrative Approach to Healthy Sleep Patterns. Course presentation for Osher Center for Integrative Medicine patients. Nashville, TN.

2015

- Morriss, B. & Manning, L. (2015, November 15). Foundational Communication Skills in the Clinical Setting- Online Module. Invited module for VUSN Community Studies students. Nashville, TN.
- Morriss, B. (2015, November 6). Clinical Aromatherapy in Hospice Care. Invited grand rounds lecture to Gentiva Hospice employees. Telephonic Grand Rounds to national audience.
- Morriss, B. (2015, October 29). Integrating Health Coaching into Clinical Care. Invited lecture to the Vanderbilt Program in Interprofessional Learning. Nashville, TN.
- Wolever, R.Q. Manning, L. & Morriss, B. (2015, October 23). Health coaching: An essential competency for bachelor's, master's, and doctoral prepared nurses. What is it? Why is it important, How does it advance nursing? Invited CME workshop for the Vanderbilt University School of Nursing Alumni Weekend. Nashville, TN. Hande, K. & Morriss, B. (2015, September 30). Mindfulness: Optimize Self-Care and Nursing Practice. Invited lecture to VUSN Adult Nurse Practitioner Students.
- Morriss, B. (2015, September 15). Health Coaching: Foundational Skills for Clinicians. Invited training for Vanderbilt Health Affiliated Network care coordinators. Nashville, TN.
- Morriss, B. (2015, July 12). Health Coaching in Clinical Care. Invited lecture to the Vanderbilt Program in Interprofessional Learning. Nashville, TN.
- Morriss, B. (2015, April 9). Health Coaching Skills for Clinicians. Invited lecture VUSN Family Nurse Practitioner students. Nashville, TN.

- Morriss, B. (2015, February 20). Sleeping Well. Lecture to Vanderbilt Health Coaching Certificate Students. Nashville, TN.

2014

- Morriss, B (2014, November 19). Integrative Medicine and Interdisciplinary Care. Invited lecture to Lipscomb University Natural Medicine Course Pharmacy Students. Nashville, TN.
- Morriss, B. (2014, October 16). An Integrative Approach to Sleeping Well. Presentation for Osher Center for Integrative Medicine patients. Nashville, TN.
- Morriss, B. (2014, October 8). Advanced Clinical Health Coaching Skills. Invited lecture to Vanderbilt My Health Care Coordinator team. Nashville, TN.
- Morriss, B. (2014, October 3,4, & 5). Personal Change in Health Coaching. Lecture to Vanderbilt Health Coaching Certificate Students. Nashville, TN.
- Morriss, B. (2014, April 11). Health Coaching: A tool for sustainable change. Invited lecture to Osher Center for Lifelong Learning Series. Nashville, TN.
- Morriss, B. (2014, February 3). Health Coaching in Clinical Practice. Invited lecture to Vanderbilt University Nursing School. Nashville, TN.

2013

- Morriss, B (2013, November 20). Integrative Medicine and Interdisciplinary Care. Invited lecture to Lipscomb University Natural Medicine Course Pharmacy Students. Nashville, TN.
- Morriss, B. (2013, September 19). Health Coaching Skills in Clinical Care. Invited lecture to the Vanderbilt Program in Interprofessional Learning. Nashville, TN.
- Morriss, B. & Elam, R. (2013, July 23). Health Coaching at the Vanderbilt Center for Integrative Health. Invited lecture to the Consortium of Academic Health Centers. Telephonic Lecture to national audience.
- Morriss, B. & Cooper, A. (2013, May 22). Advanced Health Coaching Skills. Invited training for GROW trial interventionists. Nashville, TN.

2012

- Morriss, B., Manning, L. & Cooper, A. (2012, November 6). Health Coaching Fundamentals Training. Invited training for E+ Cancer Care Registered Nurses. Nashville, TN.
- Morriss, B. & Manning, L. (2012, October 26). Integrative Health Coaching for Clinicians. Invited presentation at the International Congress for Educators in Integrative and Complementary Medicine at Georgetown University. Washington DC.
- Morriss, B., Manning, L. & Cooper, A. (2012, August 29). Health Coaching Fundamentals Training. Invited training for Center for Human Nutrition staff at VUMC. Nashville, TN.
- Morriss, B. & Cooper, A. (2012, August 29). Health Coaching Fundamentals Training. Invited training for GROW trial interventionists. Nashville, TN
- Morriss, B., Manning L., & Cooper, A. (2012, April 18). Health Coaching Fundamentals Training. Invited training for Vanderbilt Registered Dieticians. Nashville, TN.
- Morriss, B., Manning L., & Cooper, A. (2012, April 18). Health Coaching Fundamentals Training. Invited training for Vanderbilt Registered Dieticians. Nashville, TN.

- Morriss, B., Manning L., & Cooper, A. (2012, February 16). Health Coaching Fundamentals Training. Invited training for Vanderbilt My Health Care Coordinator team. Nashville, TN.

2011

- Morriss, B. (2011, December 22). Introduction to Aromatherapy. Lecture at the Vanderbilt Center for Integrative Health. Nashville, TN.

2010

- Morriss, B. & Manning, L. (2010, June 26). Mindfulness in Coaching. Invited lecture to WellCoaches Advanced Professional Health Coach Training students. Nashville, TN.
- Morriss, B. (2010, January 13). Pain and Nutrition. Invited lecture to VUMC Interventional Pain Fellows. Nashville, TN.
- Morriss, B. (2010, January 12). Defining Personal Wellness. Invited lecturer for VanDIY Series at Vanderbilt University Women's Center. Nashville, TN.

2009

- Morriss, B. (2009, December 16). Mindful Change: New year's resolutions. Lecture at Vanderbilt Center for Integrative Health. Nashville, TN.
- Morriss, B. (2009, October 23). Mindfulness and Integrative Health. Invited lecturer at Vanderbilt Health and Vascular Institute lunch and learn. Nashville, TN.
- Morriss, B. (2009, August 6). Integrative Medicine and Healing Spaces. Invited lecture at the American Institute of Architects at Manuel Zeitland Architects. Nashville, TN.

2008

- Morriss, B. (2008, November 14). Essential Oils in Clinical Care. Invited lunch and learn lecture at Integrative Health Coach Training at Duke Integrative Medicine. Durham, NC.

2006

- Morriss, B (2006, March). Essential Oils in Clinical Care. Invited lecturer to University of California San Francisco Adult Nurse Practitioner program, Integrated Complementary HealthCare specialty. San Francisco, CA.

2006

- Morriss, B (2004, March). Essential Oils in Clinical Care. Invited lecturer to University of California San Francisco Adult Nurse Practitioner program, Integrated Complementary HealthCare specialty. San Francisco, CA.

Radio

Morriss, B (2009, October 22). Integrative Health Coaching. Vanderbilt Health Radio.

Honors / Professional Memberships

2007 Elected to Sigma Theta Tau, Beta Pi Chapter, The International Honor Society of Nursing, Phi Beta Kappa. Vanderbilt University School of Nursing

2007

American Association of Nurse Practitioners